

Body measurements, not clothing measurements  
 Measurement unit: inches

## Infant/Toddler (Unisex)

Size	NB	1-3M	3-6M	6-9M	9-12M	12-18M	18-24M	2T	3T	4T	6T (Coat Only)	8T (Coat Only)
Height	18-20	20.1-24	24.1-26.8	26.9-28	28.1-30	30.1-33	33.1-36	36.1-38.5	38.6-40.9	41-43.3	45.5-48	48.1-54
Chest	16.1	16.9	17.7	18.5	19.3	20.1	20.9	21.7	22	22.4	24.4	26.8
Waist	16.5	17.3	18.1	18.9	19.3	19.7	20.1	20.5	20.9	21.3	22.4	24
Hip	16.9	17.7	18.5	19.3	20.1	20.9	21.7	22.4	22.8	23.2	25.2	27.6

## Socks

Size	NB-6M	6-12M	12-24M	2T-3T	3T-4T
Foot Length	3.4-4.3	4.3-4.7	4.7-5.2	5.2-5.9	5.9-6.5

## Adult

Size	XS	S	M	L	XL
Height	62	64	66	68	70
Chest	32.3	33.9	35.4	37.8	40.15
Waist	28.3	30.7	33.1	35.4	37.8
Hip	36.2	38.6	41	43.3	45.7
Rise	4.9	5.3	5.7	6.1	6.5

## Swaddle\*

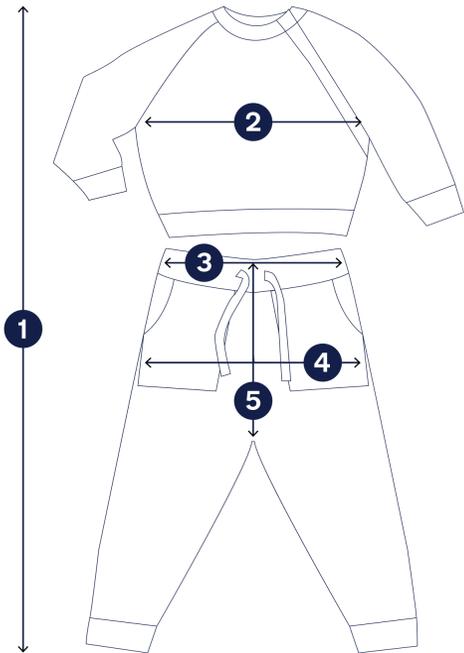
Size	S/M	L/XL
Age	0-3m	3-6m
Height	22-25	25-28
Weight	7-14	14-18

\* Do not use if head can pass through the neck opening when fastened.

\* Use appropriate size based on age. Do not size up.

\* Stop using when infant shows signs of trying to roll over.

## How to measure...



**1. Height:** Stand barefoot with your back against a wall. Your heels, shoulders and head should be touching the wall. Measure from the top of your head to the floor.

**2. Chest Circumference:** Let your arms hang down and wrap the tape under your armpits and over the shoulder blades.

**3. Waist Circumference:** Measure around the smallest part of your waist, typically just above your belly button.

**4. Hip Circumference:** Wrap the tape measure around the widest part of your hips.

**5. Rise:** Measure from the crotch seam to the waistband.